



TOGETHER, LET'S KEEP GARFIELD SCHOOLS SAFE!

What is Covid-19?

Corona viruses (CoV) are a large family of viruses. Covid-19 is a new virus caused by the SARS-CoV-2 corona virus. It spreads by respiratory droplets transmitted from person to person with close contact (~6 feet).

STAY HOME IF YOU HAVE ANY OF THESE SYMPTOMS:

- Fever
- Tiredness
- Dry cough
- Trouble breathing
- Loss of smell/taste
- Chills
- Muscle aches
- Vomiting
- Diarrhea

It is crucial that families review the COVID-19 questionnaire with students every day before school. If a student is experiencing any symptoms, that student should not come to school.

HOW CAN I PROTECT MYSELF?

- WEAR A MASK THAT COVERS YOUR NOSE AND MOUTH.
- MAINTAIN 6 FT DISTANCE FROM OTHERS.
- WASH YOUR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS.
- DISINFECT SURFACES THAT YOU TOUCH OFTEN.
- STAY HOME AND ISOLATE IF YOU ARE SICK.

I MIGHT HAVE BEEN EXPOSED TO COVID-19. WHAT DO I DO?

If you have been near someone who has Covid-19,

- **Notify your school's nurse and principal immediately.**
- You must quarantine at home for 14 days. Do not come to school.
- If you experience any symptoms, seek medical attention immediately.
- If you have any health-related questions or concerns, please see the school nurse.

For more information, please visit: <https://www.cdc.gov/coronavirus>